

Learning the different health models using audiovisual material

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This project was carried out during the 2018/2019 academic year with the participation of 80 students (39 men and 41 women) enrolled in the Public Health subject of the third year of the Social Work Degree of the University of Valencia. This work has four objectives:

- Work on the concept of Public Health of a population.
- Establish the relationship between the Political System and Health System of a country
- Know the role played by health insurance companies in the US
- Identify the pre-established ideas on health of the US population.

The methodology begins with the faculty members writing a questionnaire to evaluate the acquisition of concepts about Public Health and Health Care Models presented in the subject objectives. Then, these basic concepts are reviewed in the ordinary classroom through a lecture. After the lecture, the documentary 'Sicko', directed by Michael Moore about Health Systems it is viewed by all the classroom. After watching the documentary, a debate between students and professor is carried out discussing the concepts described in the objectives. Finally, an assessment questionnaire on the Google platform is fulfilled by the students as evaluation.

90% of students (n = 72) correctly identified the definition of Health. 51.2% (n = 41) of the students did not appreciate the relationship between the Political System of a country and its Health Models. 46.3% (n = 37) of the students correctly identified the Health Models of Canada, the United Kingdom and France, 90% (n = 72) the US liberal health system and 52.5% (n = 42) the socialist health system in Cuba.

The whole classroom understands as a 'socialization of medicine' a free, universal and equitable Health System for the entire population. At the same time, the whole classroom indicates that the main objective of health insurers in the US is the economic profit.

For 95% (n = 78) of students, the pre-established idea that is rejected in the documentary is the belief of US citizens to have better health care than countries with a socialist political system like Cuba.

In general, satisfactory results have been obtained since an acceptable percentage of the students have been able to identify the main Health Models and their characteristics, as well as other concepts related to the subject.

Keywords: University students, audiovisual, health model, public health.

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